

**The Gift of Giving
Christmas Drive**

The Rio Dell Community Action Forum is pleased once again to sponsor the Rio Dell Community Christmas Drive.

This program is made possible from generous donations from partnering organizations and individuals in our community.

This year you will see Christmas barrels in our grocery stores. We hope you will feel free to put a can of food or a small gift for a child in the barrel. Receipts for your tax deductible donation can be mailed to you if you put your name and address on the gift.

Volunteers are always welcome and needed for this event, please call 764-5239 if you would like to help.

**A Request To The
Community**

Angela Merriman, Owner of Recycled Treasures, would like to ask community members to please donate items only during open store hours.

Although she appreciates all the donations, it is very costly to dispose of items she can not keep and it is unsightly when they are left at the curb side.

Please let's respect her donation policy.

...the editor

**In Rio Dell
Apply for Food Stamps**

Wednesday, November 13th
Call for an appointment.
764-5239. Rio Dell Community Resource Center.

Rio Dell-Scotia News

November 2002

Chamber of Commerce Newsletter

Vol. II, No 11

~ In a Nutshell ~



**Fundraiser
Hamburger Feed**

Monument Middle School 8th graders invite you to their annual hamburger dinner fundraiser.

November 21st, 5:00-8:00 p.m. 95 Center Street, Rio Dell. Students will be selling tickets or they are available at the door.

**Support our schools
Fall Festivals**

Help support the Parent Teacher Organizations by attending their Fall Festivals. Parents and Teachers work together to create an evening of fun games, good food, and lots of laughs. PTO fundraisers benefit the school in which they operate. Monies raised go toward classroom and school activities.

Rio Dell's PTO Fall Festival
November 8th - 5:00-8:00 p.m. Eagle Prairie gymnasium.

Scotia School's PTO Fall Festival
November 15th 5:00-8:00 p.m. Scotia School.

Christmas shop locally first. You might be surprised at what you can find. It helps our community and local merchants.

**Community
Thanksgiving
Dinner - Free**

November 24, 2002
5:00-7:00 p.m. Rio Dell's Eagle Prairie School Gym.
Rio Dell Assembly of God and Rio Dell Baptist Church.
Working together for our community.

**Be Strong
Senior Exercise Classes**

Free strength-training classes for seniors and adults needing strength building. Tuesdays and Thursdays, 2:00-3:00 p.m. Assembly of God Church, 95 Belleview-Rio Dell, Fireside Room. Co-Instructors - Liz Jones and Rhonda Hohensee. For more information, call 764-5239.

**2003 Season
Upward Basketball
Cheerleading**

Upward Basketball Season is underway. Registration forms are going home through the schools. Evaluations: (everyone must attend) Saturday, November 16th, Eagle Prairie Gym. Boys/Girls, 5 yrs old to 6th grade. Basketball \$55.00, Cheerleading \$65.00. For more Info 764-3811.

**Shop for the holidays
Craft Faire**

November 30 & December 1
9:00-3:00 p.m. \$15.00 Pre-register space fee, \$20.00 after November 15th.
Limited space. Repsychledart, 108 Wildwood - 764-3473.

**Great American
Smokeout**

November 21, 2002.
Never doubt that one day of quitting can change a community's health!

**Survival Camp
Rio Dell Community
Resource Center**

95 Center Street - 764-5239

The Rio Dell Community Resource Center in partnership with the American Cancer Society is providing survival kits to any person who asks.

Smoking kills more Americans each year than alcohol and other drugs, homicides, suicide, car accidents, fires and AIDS combined! (U.S. Center for Disease control).

Support a friend, spouse, teenager, yourself or a co-worker by providing them with a survival kit.



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HOBY'S MARKET & DELI

Shop Rio Dell & Scotia First

We are neighbors



Get Your Shot Flu Shot Clinics

Public Health is holding a number of flu shot clinics during the month of November. Clinics are reserved for Seniors 60+ and individuals with health issues.

Near-by clinics

Nov 4: Eureka Senior Center
1:30-4 p.m. 1910 California St.

Nov 14: Eureka Salvation Army
9-11:30 a.m. 2123 Tydd Street

Nov 18: Christ Lutheran Church - Fortuna, 2132 Smith Lane. 9-11:30 a.m.

Nov 21: Eureka Senior Center
1910 Calif. Street. 1:30-4 p.m.

Dec. 2-6 Public Health Branch
529 I Street (Sixth and I Street) 1:00-4:00 p.m.

Other clinics are scheduled in outlying areas. Call Public Health for a complete listing.

Laughter Good for the Heart

Your toddlers will love this one:
"How do you make a tissue dance?"
"Put a boogie in it!"

Rio Dell-Scotia News

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Calendar of Events

Rio Dell

Nov 5: City Council meets at 6:30 pm in the City Hall.
Nov 8: Fall Carnival - Eagle Prairie Elementary Gym. 5-8pm
Nov 13: Foodstamp Eligibility Call for appt. 764-5239.
Nov 13: Community Action Forum, 6-8 pm, 95 Center Street, Tel: 764-5239.
Nov 14: School Board meets 5:30 pm, Eagle Prairie School.
Nov 14: Community Pride Committee, 6:30 pm, City Hall
Nov 9: Saturday Recycling 10 am-1 pm, Chamber of Commerce, 715 Wildwood
Nov 11: PTO meets at 3:30 pm at Eagle Prairie School.
Nov 16: Upward Basketball and Cheerleading evaluations. Eagle Prairie Elementary.
Nov 19: City Council meets at 6:30 pm in the City Hall.
Nov 21: Hamburger Feed, 5-8 pm Eagle Prairie School Gym.
Nov 21: Great American Smoke-out. Pick-up your survival kit.
Nov 24: Thanksgiving Dinner 5:00-7:00 p.m. Eagle Prairie School Gym. - Free.

Mondays: Bingo - Doors open at 5:30, game starts at 7 pm in the Fireman's Hall.

Tuesdays: Senior lunch at the Church of Christ 325 2nd Ave. Call one day in advance to reserve lunch, 764-3629.

Tues & Thurs: Community Valet Recycling 3-3:30 pm,

Fridays: Senior lunch potluck, 325 2nd Ave, no reservation.

Tues & Thurs: Senior Exercise Classes, 2-3 pm, Assembly of God Church, 95 Belleview. Information call 764-5239.



Rio Dell Library Hours
Wed. 1-6, Fri. 11-4,
Sat. 11-4. **Storytime**
Fridays 10:00 am. 715
Wildwood Ave - Rio Dell

Scotia

Nov 12: PTO meets at 3:30 pm in the Scotia school library
Nov 15: Scotia Fall Festival 5-8:00 pm. Scotia School.
Nov 21: School Board meets at 7 pm, Scotia School
Daily: PALCO Recreation Center, Fall activities, 764-4377
Fridays: Weight loss support group meets at 8:30-10:30 am Scotia Union Church 764-5929

Food Pantries

Bread for Life 204 Church St, Scotia, Tues & Thurs 10 am-11:30 am.
Commodities Church of Christ 325 2nd St, Rio Dell, 3rd Thurs. each month 10 -1 pm. Proof of residency is needed.
Emergency food Assembly of God Church, 95 Belleview, Rio Dell, Mon-Thurs, 9 am-4pm

Free Training

Health Care Rights and Resources for Californians with Disabilities: This free workshop is sponsored by Humboldt Access Project and will be held Thursday, November 14th, 9:00-5:00 p.m. 2127 Harrison St., Eureka. For more information call Wayne Wood at 445-8404, TDD 445-8405.

Classified

Mary Kay Cosmetics & Skincare - To purchase products (20% off 1st Order), have a complimentary facial & make-over, Host a Skin Care Class, earn free products, learn about Mary Kay Career Opportunities, call Lenore at 764-3113.

Saul's Computer Repair - Upgrades, add software and memory, build PC's from scratch, offer instructions, Best prices. 764-3975. Cell: 845-1263.

Place your classified
here! 764-5239

Our Future Leaders Student Council

Student Council is an organized group of Students sharing in the life of school. They help solve real problems and carry out the wishes of Students to improve the school and participate in other worthwhile causes. Often the students participate in service projects that benefit the greater community or participate in National programs to help address issues across the world.

Student Council members are the future leaders of our community, County, and State...tell them so when you see them around. They are:

Monument Middle School

President: Telera Springfields
V-President: Skylar Gardenhire
Secretary: Claudia Velasco
Treasurer: Alex Manjarrez
Historian: Beth Miguel

Scotia Union School

President: Quentin Salmon
V-President: Nikki Flosi
Secretary: Jessie Truby
Treasurer: Heather Cree
Safety Chief: Shaylene Miranda

In addition to the Student Council, each class has a representative. Look forward to those names in the December issue.

HumGuide

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